

K-12 Physical Education Common Assessment Rubric

<u>Movement Competence</u>	<u>Apply Skills</u> Students will apply and combine motor skills and movement patterns to routines, games and activities.	<u>Apply Strategies</u> Students demonstrate movement concepts (e.g. offense & defense).	<u>Creativity</u> Student will use routines and activities that combine skills with movement that enhances and encourages lifelong physical activity.	<u>Analysis of performance</u> Student will use specific feedback to reflect and review movements that connect body and brain function.
	4 3 2 1	4 3 2 1	4 3 2 1	4 3 2 1
<u>Emotional & Social</u>	<u>Cooperation & Teamwork</u> Participates in goal setting and in meeting team goals. Demonstrates effort to help the group work together.	<u>Participation</u> Good participation level. Completes assigned challenges and goals.	<u>Problem Solving</u> Freely shares ideas and listens to solutions of others	<u>Communication Skills</u> Is involved in the groups problem-solving process.
	4 3 2 1	4 3 2 1	4 3 2 1	4 3 2 1
<u>Responsible Behavior & Safety</u>	<u>Cooperation, Respect & Self-Control</u> Student includes and works well with others; resolves conflicts peacefully. Student will encourage others, and offer positive feedback.	<u>Safety</u> Student is safe with self and others. Safe with equipment and in learning environment. Does not harm others verbally or physically.	<u>Participation & Effort</u> Student will try every activity and take on various roles if asked. Student tries hard to master every task and focuses on improvement.	<u>Self-Direction</u> Student will stay on task without direct instruction or supervision whether working alone or with others. Does not seem to follow bad examples or peer pressure.
	4 3 2 1	4 3 2 1	4 3 2 1	4 3 2 1

4-Always

3-Most of the time

2-Some of the time

1-Never

K-12 Physical Education Common Assessment Rubric:

Description: The K-12 Physical Education Common Assessment Rubric provides us with articulated common learning outcomes for Physical Education students throughout the Steamboat Springs School District. This assessment rubric includes, expected learning outcomes for the following Colorado State Physical Education Standards:

1. Movement Competence 2. Emotional and Social Wellness 3. Prevention and Risk Management

Assessment Administration:

Physical Educators will utilize observation checklists to assess student learning in these three areas.